

## 7 STEPS TO A SUCCESSFUL SCHOOL YEAR



**Overview:** 7 Steps to a Successful School Year: A Complete Guide to Help Students Succeed in School, is a book and curriculum that helps students develop the mindset, skillset, and toolset to not only be successful students, but grow to become successful adults, and productive members of the community.

### Standards Based Curriculum

#### PA Career Ready Skills

- **Self-Awareness and Self-Management** - Skills to understand and manage behavior, including the abilities to set goals, recognize feelings, and respond effectively to challenges.
- **Establishing and Maintaining Relationships** - Skills that support healthy relationships, including awareness and respect of diversity, and the abilities to communicate and resolve conflicts effectively.
- **Social Problem Solving** - Skills that support students to understand social norms, make responsible choices, and engage effectively in diverse contexts.

## English Language Arts (ELA) Standards Aligned

ELA	<p><b>CC.1.2.6A</b> - Determine the central idea of a text and how it is conveyed through particular ideas. Provide a summary of the text distinct from personal opinions or judgements.</p> <p><b>CC.1.2.6B</b> - Site textual analysis to support what the text says explicitly as well as inferences or generalizations drawn</p> <p><b>CC.1.2.6D</b> - Determine the author’s point of view or purpose in a text and explain how it is conveyed in the text</p> <p><b>CC.1.2.9-10E</b> – Analyze in detail how an author’s ideas or claim are developed and refined by particular sentences, or larger portions of texts.</p> <p><b>CC.1.2.6F</b> - Determine the meanings of words and phrases as they are used in grade-level reading and context, including interpretation of figurative language in context.</p> <p><b>CC.1.2.6J</b> - Acquire and accurately use grade appropriate and general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.</p> <p><b>CC.1.4.6A</b> - Write informative/exploratory texts to examine a topic and convey ideas, concepts, and information clearly.</p>
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### 8 Week 6<sup>th</sup> Grade Academy Program

Week	Topic	Standards
Introduction	It’s more about the journey than it is the destination.	CC.1.2.6A, CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.4.6A
1	Dream Big – Your current situation is not your final destination	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
2	Commit first, figure the rest out later	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A
3	The importance of mentorship	CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E,

		<b>CC.1.2.6F, CC.1.2.6J, CC.1.4.6A</b>
<b>4</b>	<b>Establish healthy routines</b>	<b>CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A</b>
<b>5</b>	<b>Audit your friends</b>	<b>CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A</b>
<b>6</b>	<b>Celebrate your wins – but not scoreboard watching</b>	<b>CC.1.2.6A, CC.1.2.6B , CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.2.6J, CC.1.4.6A</b>
<b>7</b>	<b>B.E.T. on yourself</b>	<b>CC.1.2.6A, CC.1.2.6D, CC.1.2.9-10E, CC.1.2.6F, CC.1.4.6A</b>